

# Tomos Watts 4 VP Sports and Societies!!!

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Hi, I'm **Tomos Watts** a 3<sup>rd</sup> year Bsc Psychology Student, I am a playing member of the rugby team and have been for the past 3 seasons and I am currently Ski Captain for GCU Snowsports Club. I am running for the sabbatical position of **Vice President of Sports and Societies (VPSS)** for the 2010/2011 academic year!

Since being involved within the Sports & Societies Association; I have been lucky enough to experience national ski competitions, organising and enjoying many amazing annual ski trips to the Alps, the highs and lows of the rugby team through the years and the cracking social nights out with many of the Societies such as Irish, International and Radio Caley.

As a result of my participation within sports and societies I was asked to partake on the monumental 4000 mile cycle for Pathways to Palestine charity, the brainchild of Caley students. Through sports and societies I have met some brilliant people, lifelong friends and enriched my time at university.

I want the opportunity to share this excitement, experience and the opportunities offered to me with many more people throughout Glasgow Caledonian University and enrich their Student Experience.

This is a historic year for the **Mighty Caley Machine** with constantly improving performances in the leagues over the last few years and increasing excursions into the outdoors than ever before.

These factors twined with **Wednesday Afternoons Off** for the purposes of Sport, Societies and Active lifestyle – will allow me, with your vote, to make this our best year ever at Caley.

Cheers

Tomox

## **Wednesday's are OURS!!!!**

- We Have Wednesdays OFF – Let's Get Everyone Involved
- I want to use this time to build on our continuing success and encourage even more student interaction both on and off the field
- New aspects to the Wednesday Socials sampling Glasgow's nightlife, including many more Societies in the great nights out!

## **Sports and Societies for all**

- Starting up a Give it a Glasgow scheme integrating international students and home students to help the diverse Caley culture to grow.
- New clubs this year such as Tennis, Fencing and Surfing need all the help they can get, and I intend to be there to provide this support.
- 6 New Societies affiliated with the university this year and I want to keep the ball rolling by pushing for more!!
- Established societies with larger followers such as CUMSA, International and Radio Caley need continuing support and attention to help them provide their unique service.
- Teams and individuals in the higher leagues such as basketball and hockey in the top end of Scottish Sport need the help to promote excellence within Caley and sending a message to other Uni's.
- Working toward future facilities for ALL!!!!

## **Health Promotion @ Caley**

- We need to promote healthy living around the University by:
  - **HALF PRICE FRUIT**
  - Making Information on healthy living easy to access and making exercise opportunities obvious.
  - Deploying cheap access to exercise and activity, whether involved in teams or not.

## **More Money**

- Improve the budget for ALL clubs to help with the continuing growth of Caley.
- Looking into a corporate sponsor for our gear!! Allowing club funds to go further

## **Communication and Marketing**

- Better and more chat throughout sport and societies to show everyone what the Students' Association can do for students.
- A new Re-vamped website incorporating sports and societies to deliver the news, updates and opportunities to get involved with lots of links to the page!
- Improved Visibility throughout university!!